

**Men and Women of God,
Get Your Praise On!**



**Biblical Expressions of
Praise and Worship**

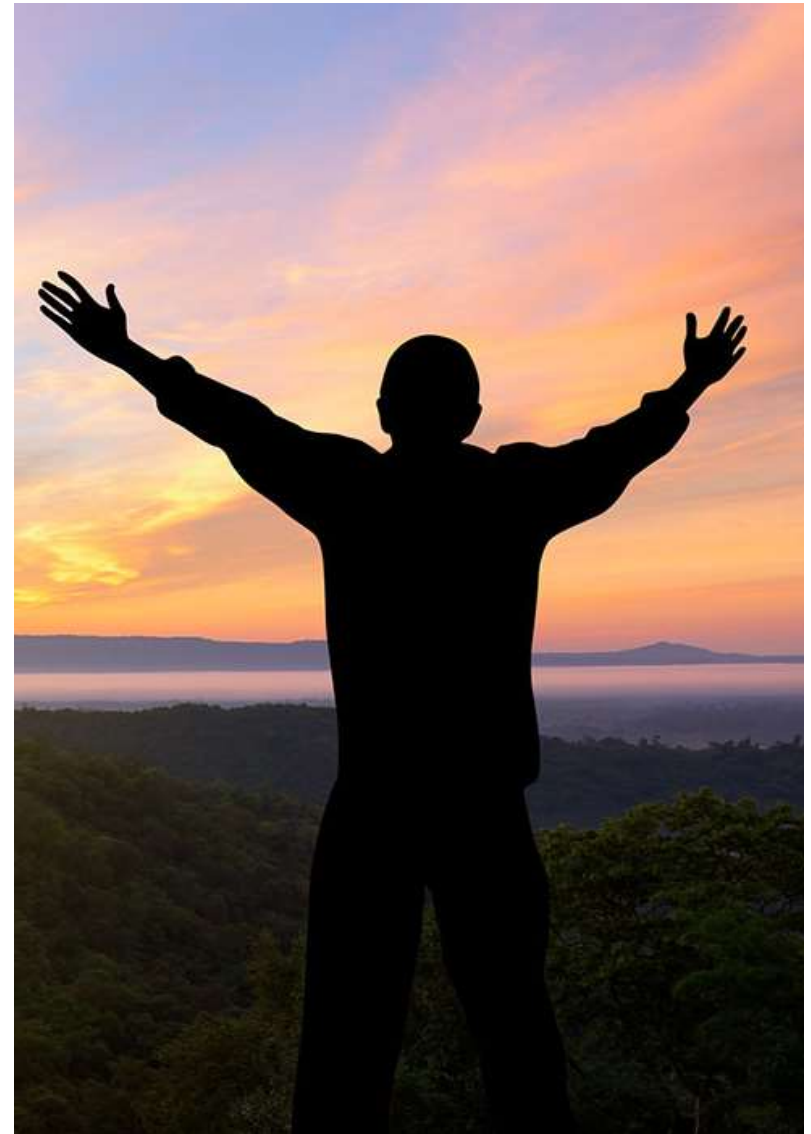
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What is Praise?

Praise is the joyful recounting of all God has done for us. It is closely intertwined with **thanksgiving** as we offer back to God appreciation for His mighty works on our behalf. Praise is universal and can be applied to other relationships as well. We can praise our family, friends, boss, or paperboy. Praise does not require anything of us. It is merely the truthful acknowledgment of the righteous acts of another. Since God has done many wonderful deeds, He is worthy of praise (Psalm 18:3).

In Scripture, praise is usually presented as boisterous, **joyful**, and **uninhibited**. God invites praise of all kinds from His creation. Jesus said that if people don't praise God, even the "stones will cry out" (Luke 19:40).

Source: <https://www.gotquestions.org/difference-praise-worship.html>



What is Worship?

Worship, however, comes from a different place within our spirits. Worship should be reserved for God alone (Luke 4:8). Worship is the art of losing self in the adoration of another. Praise can be a part of worship, but worship goes beyond praise. Praise is easy; worship is not. Worship gets to the heart of who we are. To truly worship God, we must let go of our self-worship. We must be willing to humble ourselves before God, surrender every part of our lives to His control, and adore Him for who He is, not just what He has done. Worship is a lifestyle, not just an occasional activity. Jesus said the Father is seeking those who will worship Him "in spirit and in truth" (John 4:23).

In the Bible we read verses like, "Worship the Lord in the beauty of holiness" (Psalm 96:9). And, "Come let us worship and **bow down**" (Psalm 95:6). Often, worship is coupled with the act of bowing or **kneeling**, which shows humility and contrition (2 Chronicles 29:28; Hebrews 11:21; Revelation 19:10). It is through true worship that we invite the Holy Spirit to speak to us, convict us, and comfort us. Through worship, we realign our priorities with God's and acknowledge Him once more as the rightful Lord of our lives.

Just as praise is intertwined with thanksgiving, worship is intertwined with **surrender**. It is impossible to worship God and anything else at the same time (Luke 4:8). The physical acts often associated with worship—bowing, kneeling, lifting hands—help to create the necessary attitude of humility required for real worship. Wise worship leaders know how to structure a worship service to allow participants to both praise and worship the Lord. Often, services begin with joyous praise songs and transition to a quieter, more introspective opportunity for worship.

Source: <https://www.gotquestions.org/difference-praise-worship.html>



Have Joy in the LORD

- Simha -

H8056 - "Sim-khaw" - [94x]

שִׂמְחָה

Joy, gladness

Make a joyful shout to the Lord, all you lands! Serve the Lord with gladness; Come before His presence with singing. Psalm 100:1-2



Give Thanks to the LORD - Towdah -

H8426 - "Tow-Dah" - [32x]

תודה
T

*Thanksgiving, praise, thank offerings,
confession and the sacrifice of praise.*

Enter His gates with thanksgiving
and into his courts with praise.

Psalms 100:4



Joyfully Praise the LORD - Tehillah -

H8416 - "Tay-hil-ah" [57x]

תְּהִלָּה
T

*Give joy-filled praise, adoration
and thanks from the heart to the Lord.*

But thou *art* holy, O *thou* that inhabitest
the praises of Israel. Psalm 22:3 Sing
forth the honour of his name: Make His
praise glorious. Psalm 66:2



Bow and Worship the LORD - Shacach -

H7812 - "Shachah" – [172x]

שָׁחָה

T T

Worship the Lord by bowing down

Oh come, let us worship and bow down;
Let us kneel before the Lord our Maker.
Psalm 95:6. Oh, worship the Lord in the
beauty of holiness! Psalm 96:9



Sing to the LORD

- Shiyr -

H7891 - "Sheeyr" - [87x]

שִׁיר

Sing, singer, singing people

Sing to God, sing praises to His name;
Extol Him who rides on the clouds, By
His name Yah, and rejoice before Him.
Psalm 68:4



Clap to the LORD - Takah -

H8628 - "Taquah" – [69x]

תִּקַּח

Clap your hands

Oh, clap your hands, all you
peoples! Shout to God with the
voice of triumph! Psalm 47:1



Shout to the LORD

- Ruwa -

H5059 - "Roo-ah" – [46x]

רוּעַ



*Shout, raise a sound, cry out, give a
blast, make a joyful noise*

Make a joyful noise unto the LORD, all the earth: make
a loud noise, and rejoice, and sing praise. Psalm 98:4
Be glad in the LORD, and rejoice, ye righteous: and
shout for joy, all ye that are upright in heart. Psalm 32:11

Give a great shout to the LORD

- Teruah -

H8643 - "Tehru - ah" – [36x]

תְּרוּעָה

Trumpet blast, a shout for war, alarm, or joy

And they sang together by course in praising and giving thanks unto the LORD; because he is good, for his mercy endureth for ever toward Israel. And all the people shouted with a great shout, when they praised the LORD, because the foundation of the house of the LORD was laid. Ezra 3:11



Dance before the LORD

- Karar -

H3769 – “Karrere” – [2x]

כָּרָר

Dance and whirl before the Lord joyfully

Then David danced before the Lord
with all his might; and David was
wearing a linen ephod.
2 Samuel 6:14



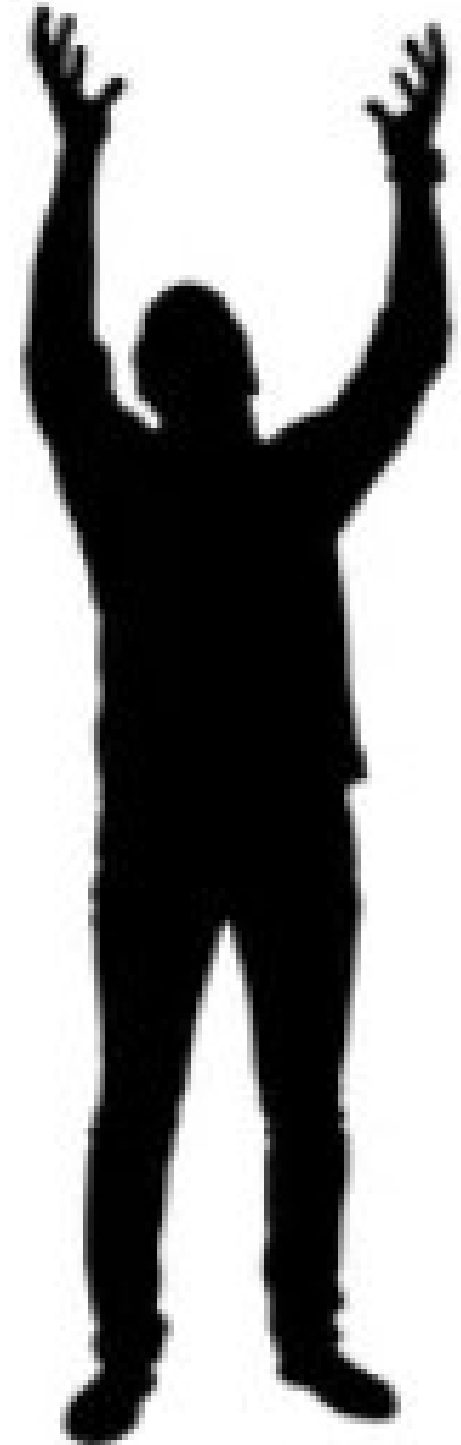
Praise & Lift Hands to the LORD - Yadah -

H3034 - "Yahdaah" - [114x]

יָדָה

*Praise, giving thanks and extending
the hand in praise to God*

I will praise You, O Lord, with my
whole heart; I will tell of all Your
marvelous works. Psalm 9:1



Praise & Boast in the LORD

- Halal -

H1984 - "Hallel" – [165x]

הלל

*Praise, Boast in, go all out, shine
and celebrate the Lord*

I will give You thanks in the great
assembly; I will praise You among
many people. Psalm 35:18



Play music to the LORD

- Nagan -

H5059 - "Nahgan" – [15x]



*Touch or play a stringed
instrument unto the Lord*

Sing unto him a new song; play
skilfully with a loud noise. Psalm 33:3



Gently Praise the LORD - Shabach -

H7623 - "Shavech" [11x]

שָׁבַח

*Gently praise God in stillness, sensing His
hand upon you, stilling and caring for you.*

Because Your lovingkindness is
better than life, My lips shall
praise You. Psalm 63:3



Speak Psalms to the LORD - Psalmos -

G5568 - "Falmaas" - [7x]

ψαλμός

A praise poem set to notes directed to God

Be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord, giving thanks always for all things to God the Father in the name of our Lord Jesus Christ. Ephesians 5:18-20



Dance before the LORD - Machowl -

H4234 - "Macholeh" – [6x]

מַחֲוֶלֶל

Dance, often with others

Let them praise His name with the dance. Let them sing praises to Him with the timbrel and harp.

Psalms 149:3



Praise the LORD - Aineo -

G134 - "I knee oh" – [9x]

αἰνέω

*Praise, extol, to sing
praises in honour to God*

Now it came to pass, while He blessed them, that He was parted from them and carried up into heaven. And they worshiped Him, and returned to Jerusalem with great joy, and were continually in the temple praising and blessing God. Amen.
Luke 24:51-53



Praise the LORD - Shebach -

H7624 - "Shevach" [5x]

שֶׁבַח

Praise and adore

I thank thee, and praise thee, O thou God of my fathers, who hast given me wisdom and might, and hast made known unto me now what we desired of thee: for thou hast now made known unto us the king's matter.
Daniel 2:23



Sing & Play Instruments to the LORD

- Zamar -

H2167 - "Zamere" – [45x]

זָמַר
- ת



Sing and also sing with instruments

I will sing unto the LORD as long
as I live: I will sing praise to my
God while I have my being.
Psalm 104:33

Bless & Kneel before the LORD

- Barak -

H1288 - "Barrech" – [330x]

בָּרַךְ

Bless the LORD and kneel in worship

Bless the LORD, O my soul: and all that is within me, bless his holy name. Psalm 103:1

Blessed is he who comes in the name of the Lord! We have **blessed** you from the house of the Lord. Psalm 118:26



Sing Hymns to the LORD - Hymnos -

G5215 - "Hoomnahs" – [2x]

ὑμνέω

A sacred theological song of praise to God

Be filled with the Spirit, speaking to one another in psalms and **hymns** and spiritual songs, singing and making melody in your heart to the Lord, giving thanks always for all things to God the Father in the name of our Lord Jesus Christ. Ephesians 5:18-20



Praise & Bless the LORD - Eulogeo -

G2127 - "You low gay oh" [41x]

εὐλογέω

*Celebrate with praises, bless, invoke
blessing and praise & to speak well of*

Then those who went before and those who followed cried out, saying: "Hosanna! Blessed is He who comes in the name of the Lord! Blessed is the kingdom of our father David That comes in the name of the Lord! Hosanna in the highest!"

Mark 11:9-10



Lovingly Worship the LORD - Proskuneo -

G4352 - "Proskooneo" [60x]

ΠΡΟΣΚΥΝΕΩ

*Approach and kiss towards God in
reverent worship*

"But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him. "God is Spirit, and those who worship Him must worship in spirit and truth." John 4:23-24



Sing a Spiritual Song to the LORD - Ode pneumatikas -

G5603/G4152 - "O-day Numaticas"

ὕδῃ πνευματικός

Spirit-filled songs directed personally to God

Be filled with the Spirit, speaking to one another in psalms and hymns and **spiritual songs**, singing and making melody in your heart to the Lord, giving thanks always for all things to God the Father in the name of our Lord Jesus Christ. Ephesians 5:18-20



Sing in Tongues to the LORD - Psallo ho pneuma -

G5567/G4151 - "Psallo ho nooma" [1x]

ψάλλω ὁ πνεῦμα

*The spirit of the believer singing in an
unknown tongues to God by the Holy Spirit*

What is it then? I will pray with the spirit, and I will pray with the understanding also: I will sing with the spirit, and I will sing with the understanding also. 1 Cor. 14:15



Sing a New Song to the LORD - Ode kainos -

G5603/G4152 - "O-day Kay-nos" [2x]

ὦδὴ καινός

Sing a new song in worship to the Lord

And they sang a new song, saying: "You are worthy to take the scroll, And to open its seals; For You were slain, And have redeemed us to God by Your blood out of every tribe and tongue and people and nation, And have made us kings and priests to our God; And we shall reign on the earth." Revelation 5:9 They sang as it were a new song before the throne, before the four living creatures, and the elders; and no one could learn that song except the hundred and forty-four thousand who were redeemed from the earth. Revelation 14:3



Magnify the LORD

- Gawdal -

H1431 - "Gaw-Dal" - [115x]

גדל

*Magnify, grow, become great or
important, promote, make powerful*

I will praise the name of God with a
song, and will magnify Him with
thanksgiving. Isaiah 69:30



Glorify the LORD - Khavad -

H3513 - "Kha-vad" - [116x]

כָּבֹד

*Honour, glorify, make honourable,
weighty, to promote*



I will praise You, O Lord my God, with
all my heart, and I will glorify Your
name forevermore. Psalm 86:12

Exalt the LORD - Room -

H7311 - "Rhoom" - [194x]

רום

*To rise, rise up, be high, be lofty, be
exalted*

Be exalted, O God, above the
heavens; Let Your glory be above all
the earth. Psalm 57:11



Let's Mature
in praise and
worship of
God our Father
Jesus the Son
and the Holy
Spirit Every Day!

